



2021 CalPERS MEDICAL PLANS - COBRA RATES

	Subscriber Only	Subscriber + 1	Subscriber + 2 or more
Region 1 - Refer to www.calpers.ca.gov			
Anthem EPO Del Norte	\$ 954.56	\$ 1,909.11	\$ 2,481.84
Anthem Select HMO	\$ 944.11	\$ 1,888.22	\$ 2,454.69
Anthem Traditional HMO	\$ 1,334.02	\$ 2,668.03	\$ 3,468.45
Blue Shield Access + HMO	\$ 1,193.48	\$ 2,386.96	\$ 3,103.05
Blue Shield EPO	\$ 1,193.48	\$ 2,386.96	\$ 3,103.05
Blue Shield Trio*	\$ 898.11	\$ 1,796.22	\$ 2,335.09
Health Net SmartCare	\$ 1,142.61	\$ 2,285.23	\$ 2,970.80
Kaiser Permanente	\$ 829.91	\$ 1,659.83	\$ 2,157.77
PERS Choice	\$ 954.56	\$ 1,909.11	\$ 2,481.84
PERS Select	\$ 578.00	\$ 1,156.01	\$ 1,502.81
PERS Care	\$ 1,320.58	\$ 2,641.17	\$ 3,433.51
PORAC	\$ 814.98	\$ 1,759.50	\$ 2,242.98
UnitedHealthCare	\$ 959.99	\$ 1,919.99	\$ 2,495.98
Western Health Advantage	\$ 772.16	\$ 1,544.32	\$ 2,007.62
*Only available in El Dorado, Nevada, Placer, Sacramento & Yolo.			
Region 2 - Fresno, Imperial, Inyo, Kern, Kings, Madera, Orange, San Diego, San Luis Obispo, Santa Barbara, Tulare, & Ventura			
Anthem Select HMO	\$ 688.18	\$ 1,376.37	\$ 1,789.27
Anthem Traditional HMO	\$ 1,066.96	\$ 2,133.92	\$ 2,774.09
Blue Shield Access + HMO	\$ 957.74	\$ 1,915.48	\$ 2,490.13
Blue Shield Trio*	\$ 737.01	\$ 1,474.02	\$ 1,916.23
Health Net Salud y Mas	\$ 467.83	\$ 935.67	\$ 1,216.37
Health Net SmartCare	\$ 784.49	\$ 1,568.98	\$ 2,039.68
Kaiser Permanente	\$ 683.17	\$ 1,366.33	\$ 1,776.23
PERS Choice	\$ 798.85	\$ 1,597.71	\$ 2,077.02
PERS Select	\$ 486.46	\$ 972.92	\$ 1,264.79
PERS Care	\$ 1,137.99	\$ 2,275.99	\$ 2,958.79
PORAC	\$ 763.98	\$ 1,528.98	\$ 1,999.20
Sharp	\$ 644.92	\$ 1,289.83	\$ 1,676.78
UnitedHealthCare	\$ 738.32	\$ 1,476.63	\$ 1,919.62
*Only available in San Luis Obispo, Santa Barbara & Ventura			
Region 3 - Los Angeles, Riverside & San Bernardino			
Anthem Select HMO	\$ 651.88	\$ 1,303.76	\$ 1,694.89
Anthem Traditional HMO	\$ 1,003.89	\$ 2,007.79	\$ 2,610.13
Blue Shield Access + HMO	\$ 851.58	\$ 1,703.16	\$ 2,214.10
Blue Shield Trio*	\$ 673.70	\$ 1,347.40	\$ 1,751.62
Health Net Salud y Mas	\$ 421.14	\$ 842.28	\$ 1,094.96
Health Net SmartCare	\$ 705.31	\$ 1,410.62	\$ 1,833.81
Kaiser Permanente	\$ 683.24	\$ 1,366.47	\$ 1,776.41
PERS Choice	\$ 776.45	\$ 1,552.91	\$ 2,018.78
PERS Select	\$ 469.14	\$ 938.28	\$ 1,219.76
PERS Care	\$ 1,056.79	\$ 2,113.58	\$ 2,747.66
PORAC	\$ 739.50	\$ 1,479.00	\$ 1,931.88
UnitedHealthCare	\$ 735.31	\$ 1,470.62	\$ 1,911.80
Exclusive Care EPO**	\$ 765.51	\$ 1,555.95	\$ 1,955.12
*Only available in Los Angeles **You must reside within Riverside County			
Out of State			
Kaiser Permanente*	\$ 1,060.95	\$ 2,121.91	\$ 2,758.48
PERS Choice	\$ 775.37	\$ 1,550.75	\$ 2,015.97
PERS Care	\$ 1,028.24	\$ 2,056.48	\$ 2,673.43
PORAC	\$ 916.98	\$ 1,887.00	\$ 2,267.46
*These premiums cover all Kaiser out-of-state areas			
Dental Plans			
Local Advantage Plus	\$ 43.86	\$ 83.64	\$ 124.44
Local Advantage Blythe	\$ 30.60	\$ 54.06	\$ 83.64
Delta Dental PPO	\$ 45.90	\$ 79.56	\$ 117.30
DeltaCare USA DHMO - High-Option Plan (10A)	\$ 20.38	\$ 31.11	\$ 48.92
Vision Plans			
Vision Service Plan	\$ 17.02	\$ 17.02	\$ 17.02
Medical Eye Services Plan 1 - (w/Eye Exam & Eyewear)	\$ 8.73	\$ 13.18	\$ 17.83
Medical Eye Services Plan 2 - (w/Eyewear Only)	\$ 7.36	\$ 11.73	\$ 16.20

***All rates include 2% COBRA Administration fee. Please note some carriers may not charge the 2% Administrative fee. Please contact carrier directly to verify cost before sending your initial payment.

Provider Contact Information:

PERS Choice, Select & Care
(877) 737-7776
www.calpers.ca.gov

Blue Shield of California
(800) 334-5847
www.blueshieldca.com

Exclusive Care
(800) 962-1133
www.exclusivecare.com

PORAC SHARP
(800) 655-6397 (855) 995-5004
www.porac.org www.SharpHealthPlan.com/CalPERS

Kaiser Permanente
(800) 464-4000
www.kaiserpermanente.org

Anthem Blue Cross
(855) 839-4524
<http://www.anthem.com/ca/calpershmo/>

DeltaCare USA (HMO)
(800) 422-4234
www.deltadentalins.com

UnitedHealthCare
(877) 359-3714
<http://calpers.welcometouhc.com/>

Vision Service Plan
(800) 877-7195
www.vsp.com

Local Advantage Blythe - Local Advantage Plus
(888) 331-5301
www.benefits.rc-hr.com

Delta Dental (PPO)
(800) 765-6003
deltadentalins.com

Medical Eye Service
(800) 877-6372
www.mesvision.com